



# Run For Rescues

Support our efforts and help us save more lives.

**5K (3.1 Miles) – 8:00 a.m.**

**1 Mile DOG WALK – 8:45 a.m.**

**Saturday, March 31, 2012**

## TOWER GROVE PARK

“SONS OF REST SHELTER” eastern side of park



*We win because  
you **C.A.R.E.***

### 5K Awards

1st overall male and female

Top 2: 19-U, 20-29, 30-39, 40-49, 50-59 Top 1: 50-69, 70+

**T-shirts and Designer Dog Tags  
to first 200 registered.**



### PACKET PICK-UP

on March 30th from 10 am to 5 pm at:

**Big River Running Company**

14059 Manchester Road

Ballwin, MO 63011

**Participants can register and pick up packets at  
starting line between 7-7:45 am on Race Day.**

Big River Running will electronically time runners.

### REGISTRATION & ENTRY FEE

**5K – \$25** (received by March 11th)

**\$30** (after March 11th and on Race Day)

**1 Mile Dog Walk – \$20**

(received by March 11th)

**\$25** (after March 11th and on race day)

Cash or Checks payable to: **C.A.R.E.**

Mail Registration and Entry Fee to:

**C.A.R.E.**

160 Marine Lane St. Louis, MO 63146

or go to our web site below and view NEWS:  
link available for registration

Donations of cleaning supplies, GAS Cards, leashes for dogs, horse feed, etc. *greatly* appreciated.



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Phone No. ( ) \_\_\_\_\_

E-mail \_\_\_\_\_



**Waiver of Liability:** In consideration of accepting this entry. I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all claims for damages, actions and causes against Tower Grove Park, City of St. Louis, Big River Running Company, Coalition for Animal Rescue and Education, all sponsors, and any individual or group associated with this event from all claims and liabilities resulting in my participation. I attest and verify that I am physically fit and have sufficiently trained for this event. I assume all risks in this event including, but not limited to fall, contact with other participants, effects of the weather, road conditions, all such risks being know and appreciated by me. Further, I hereby grant permission for the free use of my name and/or any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. (Participants under 18 must have parental signature.)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature (if under 18)

\_\_\_\_\_  
Date

I cannot participate . Please accept my donation of \_\_\_\_\_

[www.caretakersnetwork.org](http://www.caretakersnetwork.org)



**Coalition for Animal Rescue and Education**

